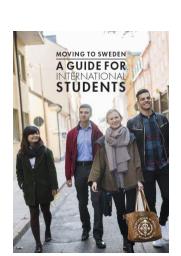


INFORMATION AT SSE

STUDENT HANDBOOK AND DEGREE REQUIREMENTS





STUDENT COMPASS

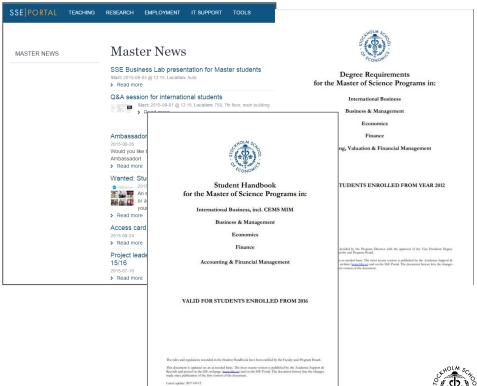


GUIDE FOR
INTERNATIONAL STUDENTS



SSE PORTAL

- SSE Portal Everything you need to know
 - Letter of Enrollment & Transcripts
 - Courses & schedule (incl. course and exams registrations)
 - IT Support
 - Exchange & Global opportunities
- Student handbook and Degree requirements for your program
- NEWS on SSE Portal





CANVAS HTTPS://SSE.INSTRUCTURE.COM/

- Courses and course homepages
- Course Material
- Schedule
- Assessments and results on modules and final course results





LETTER OF ENROLLMENT

Request your letter of enrollment in the Info Center or download via the SSE Portal.

How to download via the SSE Portal:

- Log in at portal.hhs.se
- Go to Student Support
- Click on Certificates/Transcripts
- Follow the instructions. Download as a pdf or a printed version that you pick up at Info center
- https://portal.hhs.se/StudentSupport/Transcripts/Pages/default.aspx





HELP IS THERE FOR YOU WHEN YOU NEED:

Core Support Areas

- Academic Advising
- Pedagogical support for students with disability
- Student health and well-being



AGO IS ALSO THERE FOR YOU WHEN YOU NEED SPECIAL EDUCATIONAL SUPPORT

- Evaluation and approval of applications for special educational needs
- Special Needs can be approved if you have a documented disability
- Application for special needs, Nais https://www.nais.uhr.se/ (if you have an account at antagning.se or universityadmissions.se, otherwise please contact us)

Main support:

- Extended time on written exams
- Note taking assistance
- Recorded course literature

Do you want to be a note taking assistant? Please send an email to specialneeds@hhs.se



STAFF & CONTACT INFORMATION

Staff

- Joakim Blom
- Maja Linde
- Andrew Waters

E-mail

academic.advisor@hhs.se

specialneeds@hhs.se

counselling@hhs.se

Appointments

Time booking via the Student Portal



ESSENTIAL STUDENT INFORMATION TO REMEMBER

- Read the Student Handbook. A compilation of information, regulations and guidelines relevant for students
- Study at least 30 ECTS during your first year to keep your study spot at SSE
- Maximum period of study
 - -BSc programs 5 years
 - -MSc programs 3 years
- Cheating and plagiarism. SSE takes these phenomena seriously and detection leads to suspension



PROGRAM MANAGERS

BSC PROGRAMS

BSc in Business & Economics:

Sofia Eliason and Ebba Andersson

BSc in Retail Management

Karl Strelis

MSC PROGRAMS

MSc in International Business:

Fanni Antal

MSc in Business & Management:

Andreas Dahlberg

MSc in Finance:

Carter Svensson

MSc in Economics:

Nikie Veld



STUDENT & ACCESS CARDS

STUDENT CARD

- You can obtain your Swedish student card, Mecenat (mecenat.se) once you are registered as a student.
- Visit the Student
 Association(SASSE) reception in
 the basement for more
 information or visit SASSE.se



ACCESS CARD

- Access cards for the SSE premises are sold at the office of Premises Administrators, room A546: Jimmy Hansen & Peter Fridlund
- 100 SEK (card payments preferred)





LANGUAGE COURSES AT SSE

Learn Swedish if you would like to get a job here!

Swedish language courses

Introductory Swedish I: 1006 (not within degree)
Introductory Swedish II: 1007 (not within degree)
Business Swedish: 1008 (elective for MSc and BSc BE)

Other language courses examples for fall 2025 as electives for MSc and BSc BE:

Business French: 111

Advanced Business French: 113

Business German: 116 Business Spanish: 121

Advanced Business Spanish: 122

 My upcoming courses on SSE Portal for 1006 (registration period 1/9-5/9). The rest – email to dmoadmin@hhs.se



SOCIAL SECURITY NUMBER (PERSONNUMMER) - WHY?

- You will be entitled to medical and hospital care on the same terms as any Swedish citizen
- You will be entitled to highly subsidized prescription medicine
- Your minor children will be entitled to medical and dental care for free
- Your minor children will be entitled to free prescription medicine
- You will be entitled to free Swedish lessons through for Immigrants (SFI)
- You may apply for a Swedish ID card
- Easier to open a bank account
- You may register for a mobile phone account
- You may register for membership cards in most retail chains (H&M, IKEA..)
- Employers normally would ask for the number as that's the easiest way for them to pay taxes on the salary and to do background check on you. If you do not have one they will ask you to apply for it.



• Easier for all kind of government entities/businesses to communicate with you as they can retrieve some data on you having your number



THE POPULATION REGISTER SOCIAL SECURITY NUMBER (PERSONNUMMER)

- The notification form "Moving to Sweden" must be submitted online before a personal visit at the service centre
- Use the e-service Moving to Sweden
- Apply ASAP, processing times are longer than usual!
- You must have an address where you can receive mail
- After approval, you will be given a Personal number (personnummer) that is 10 figures: year, month, day + 4 digits
- Closest locations to SSE: Odengatan 54 Lindhagensgatan 76



More information: skatteverket.se



SWEDISH IDENTITY CARD

- Needed to open a bank account and useful to carry around instead of your passport.
- You can order an ID card from the tax office (Skatteverket)
- Book a time online (https://ssc.nemog.se/Booking/Booking/Index/SSC)
- The application fee is 400SEK and has to be paid in advance.

Closest locations:

Stockholm, Brommaplan Stockholm, Globen Stockholm, Hallunda Stockholm, Kista Stockholm, Liljeholmen

Book the appointment in advance

More info: www.skatteverket.se





SWEDISH MIGRATION AGENCY



- Migrationsverket in Swedish
- Be aware of the rules that apply to your residence permit
- You have to pass at least 15 ECTS during your first year and at least 22,5 ECTS your second year.
- You must finish your MSc degree within 3 years of enrollment, BSc within 5 years of enrollment.
- Extending your residence permit info

More information: migrationsverket.se





OPEN A BANK ACCOUNT

Compare different banks and ask for student discounts

Some suggestions of banks to check out:

- Handelsbanken

 www.handelsbanken.se
- SEB www.seb.se
- Nordea www.nordea.se
- Skandiabanken

 www.skandiabanken.se
- Swedbank <u>www.swedbank.se</u>
- ICA banken https://www.icabanken.se

Remember to close your account before leaving Sweden





Handelsbanken









PAYMENTS IN SWEDEN

- A Swedish bank account number always comprises a clearing number (four to five digits) and an account number. The number of digits in an account number varies from bank to bank.
- Sweden is a cash-free society use your card!
- Activate your Bank-ID or Mobile Bank-ID connected to your account to get access to many more services (ask your bank)
- Life is easier with Swish the mobile payment system in Sweden





HOME INSURANCE

IT'S IMPORTANT TO HAVE A HOME INSURANCE FOR YOUR APARTMENT AND YOUR BELONGINGS

Some suggestions (special offers for students):

- Folksam
- Trygg-Hansa
- IF
- Moderna Försäkringar
- Aon
- Studentförsäkring
- Länsförsäkringar i Stockholm
- ICA banken





HEALTH CARE SYSTEM

- Students with a Swedish personal number, are entitled to use public medical services on the same basis as Swedish citizens
 e.g. 275 sek for generalist, 375-400 sek for emergency visit
- Stockholm Healthcare guide, Vårdguiden 1177 https://www.1177.se/
 Information and advice on illness & health, treatment and medication (website and calls).
- Multiple apps available, where doctors speak English (for example <u>Mindler</u>, or <u>Kry</u>).
- Dental care is not included



EMERGENCY

- Call <u>112</u> for life threatening situations
- Call 1177 to get advice from a nurse in non-life threatening situation
- Emergency care if you suddenly become seriously ill or injured go to the emergency clinic (akutmottagningen).
- E.g: City Akuten; Apelbergsgatan 48, (close to Hötorget) offers specialized medical care in various areas without an appointment. Please note that you have to bring ID.



PHARMACY & POST OFFICE

- Pharmacy is called Apotek in Swedish. The closest pharmacy to the school is on Sveavägen 43
- At the pharmacy you can also ask for advice.
- You can buy certain nonprescription drugs at the grocery stores.
- The majority of medications require prescription

- Does not exist as such normally there is a department in grocery or convinience stores
- Pick up or send parcels local supermarket / petrol stations / delivery boxes, depending on the residence address. You will receive a notification with the address where you can pick up your parcel, alternatively you can download the Postnord app where you receive directly the notifications there.
- Buy stamps at 7eleven/Pressbyrån











GROCERIES & SYSTEMBOLAGET

There are several grocery stores/supermarkets situated close to SSE. Some of them are more expensive than others and most offer home delivery

- COOP (Sveavägen 70)
- Hemköp (in the basement of the mall Åhléns at Drottninggatan)
- COOP/Daglivs (underground Fridhemsplan)
- Lidl (Sveavägen) no home delivery
- Hötorget open air market (Hötorget)
- MatHem.se only home delivery









- Systembolaget Liquor Store
- Sweden has a government alcohol monopoly – Systembolaget sells beverages stronger than 3,5%.
- Minimum 20 years old to purchase at Systembolaget
- If you look under 30 be prepared to show ID







BEING ACTIVE IN STOCKHOLM

The SSE Student Association arranges several different sport activities that you are welcome to join. The Sports Committee will tell you more about this.

- There are several fitness centers close to SSE that offer a discount for students. Below you will find some suggestions:
- Friskis och Svettis, located next to the school (Sveavägen 63) https://www.friskissvettis.se/
- SATS Sports Club, you will find it all over town but the closest one is at Odengatan 65 or at Sveavägen 20. Free training during exam periods!!
- Nordic Wellness https://nordicwellness.se/
- Fitness24Seven https://se.fitness24seven.com/





TRANSPORTATION

The transportation network (SL) provides bus, underground and commuter train services. There is a student travel card with a discount, valid for the whole semester.

- Reduced fare for university students
- Price: 650 SEK (30 days), 1880 SEK (90 days)
- You can buy a single ticket with your card (physical or digital) by tapping your card directly on one of SL's readers. You can also by single tickets and period tickets in the app: "SL – Journey planner and tickets"
- You need to present your student Mecenat card with the SL logo if you are stopped by the SL controllers.

More info: SL.se







WHERE TO BUY LITERATURE

- Academic Book Shop (Akademibokhandeln)
- Books online: https://www.adlibris.com/se/kampanj/studentlitteratur https://www.kurslitteratur.se/
- Check out the SSE Library or another library in Stockholm: https://biblioteket.stockholm.se/
- Ask students from previous years
- https://campusbokhandeln.se/butiker/stockholm (a bookstore for used books situated at Stockholm University)



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