

The Swedbank & Sparbankerna Thesis Award in Financial Health

Purpose and Background

The growing interest in individuals' economic well-being has contributed to the emergence of financial health as a field of research. Financial health encompasses a person's ability to manage daily finances, build resilience to economic shocks, and plan for future goals. Research has shown that financial health relates not only to personal finances, but also to physical and mental health, social inclusion, and opportunities for education and employment.

The purpose of the award is to stimulate student interest in and work on financial health, to collect a body of thesis research from academic disciplines and institutions across Sweden and make findings available to a wider public.

About the Award

The award targets MSc and BSc theses from all academic disciplines – including, for example, economics, behavioral sciences, sociology, law, public health, business administration, and information systems – that study issues related to financial health, financial behavior, or tools for economic self-empowerment.

Amount and Selection

One scholarship of SEK 25,000 is awarded for the best thesis based on a jury decision. The jury consists of researchers from Swedish universities and representatives from Swedbank & Sparbankerna.

Deadline: September 30, 2025. The thesis must have been defended sometime from January 2024 to June 2025.

Submit your thesis to cwwh@hhs.se with the subject headline “Financial Health Award”.

The award will be presented in November 2025.